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## OPEN CHANNEL CULTURE NEWSLETTER

Open the Channels...



### Leadership for the Emerging Future

Welcome to Open Channel Culture!

#### CONFLICT MANAGEMENT & THE ART OF PEACEMAKING

Adaptive Leaders are able to transform conflict into opportunities for better understanding and positive change.. The skills, needed to do this can be learned and embedded in daily practices and operations within and between all the systems interacting with the organization.

- **Emotional & Cognitive Self-Awareness** : Continually developed through various reflection practices.
- **Self-Regulation**: Developing multiple strategies for de-escalating emotional activation.
- **Empathetic Perception and Action**: Understanding "Behavior as Communication" and developing perspective-taking.
- **Tolerance for Ambiguity**: Intentionally building the ability to be still and self-soothe in the midst of uncertainty.
- **Gratitude**: The ability to reframe conflict as opportunity.

With structured interactive workshops, all of this can be made actionable and mobilized immediately---understanding that it will all continue to develop with daily practice.

If you want to know how to do this in your organization, we can help.

Contact us for a free consultation

Open the Channels.

[www.openchannelculture.com](http://www.openchannelculture.com)

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